



NEWSRELEASE

CITY OF TEMPLE CITY 9701 LAS TUNAS DR. TEMPLE CITY, CA 91780 (626) 285-2171

PHOTO OPPORTUNITY

Temple City Launches First Ever Senior Meals Program

Hot and healthy lunches offered weekdays starting February 14 at Live Oak Community Center

Date: February 10, 2011

Contact: Cathy Burroughs, (626) 285-2171, cburroughs@templecity.us

Next week, senior citizens living in and around Temple City will have an opportunity to enjoy a quality and inexpensive lunch at Live Oak Community Center, 10144 Bogue St.

The first lunch on February 14 features Italian wedding soup, chicken in wine sauce, mashed potatoes and a fresh green salad. "This is not the old school menu of bland potatoes and canned veggies," said Temple City councilmember Cynthia Sternquist. "What's being offered is healthy, balanced and to our seniors' liking."

Hot lunches will be served weekdays at 12 noon and are available to those ages 60 and over. Reservations are required 24 hours in advance by calling (626) 579-0461. A \$2 donation is suggested.

The meal program, which will serve up to 50 lunches a day, is funded by the City of Temple City and County of Los Angeles. Future plans for the program may include homebound meal deliveries and an expanded menu to meet the community's diverse needs.

"Seniors represent over a third of Temple City's population and that figure will grow as baby boomers – including me – become older," said Sternquist. "Aside from walking away with full stomachs, my hope is that seniors use these lunches to socialize and learn more about the city's senior fitness and wellness activities."

Those looking for more information on the lunch program or the city's healthy senior living activities can call Leila Soltis at (626) 579-0461.

-end-