

YOUTH AND ADULT CLASSES

Advanced Mail-In or Internet "RecConnect" Registration

Begins at 8 a.m. September 6



Walk-In Registration

Begins at 8 a.m. September 10



All classes will be held at Live Oak Park beginning the week of September 17, 2007 unless otherwise noted. No classes will be held on November 12 and 23 - 25.

All registrations will be taken at the Live Oak Park Community Center, 10144 Bogue Street, Temple City. **A registration form is required for any class.** Online registration available at www.templecity.us RecConnect. Enrollment in each class is limited, early registration is recommended. Incomplete information on application or checks may result in returned without enrollment. On occasion some classes may not be held due to City-sponsored special events. Please check with the instructor for individual class dates. Registration Forms available at Live Oak Park Community Center. *New Payment Options: The Live Oak Park Community Center will accept Visa, MasterCard, Checks, Money Orders and **Exact** Cash only.

ARTS AND CRAFTS CLASSES

CHINESE BRUSH PAINTING

Linco Chow

Learn Chinese brush painting with ink and watercolor to create flowers, plants, birds, and landscapes. Beginning and advanced painters are welcome. Begins September 21 for 8 weeks.

5480	18+ yrs.	Fri	2-4 p.m.	\$93
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FRESH FLOWER ARRANGEMENTS

Kazuko Yamaguichi

This class will offer instruction on floral design techniques using various seasonal flowers. Please see instructor for materials list or fee. Class will meet six times: October 3 and 17, November 7 and 21, December 5 and 19. A one-day Christmas Centerpiece workshop will be held on December 19 in the evening.

5477	Advanced	16+ yrs.	Wed	10 a.m.-12 noon	\$63
5478	Beginning	16+ yrs.	Wed	12:30-2:00 p.m.	\$63
5479	Christmas Centerpiece	16+ yrs.	Wed	7-9 p.m.	\$13



OIL PAINTING

Lucille DeThomas

Students will learn to increase their creative and technical abilities on an individual basis, learning oil painting techniques with palette and brush. Supply list available at registration. Begins September 19 for 8 weeks.

5407	18+ yrs.	Wed	10 a.m.-12 noon	\$93
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DANCE CLASSES



BALLET AND TAP

KidStar Performing Arts SGV

This combination class will introduce students to the classical style of ballet, as well as rhythm through basic tap steps. Ballet and tap shoes are required along with tights and leotard. Begins September 19 for 8 weeks (No class October 31).

5375	2 yrs.	Wed	12:30-1 p.m.	\$40
5376	3 yrs.	Wed	1-1:30 p.m.	\$40
5377	4-6 yrs.	Wed	2-2:45 p.m.	\$50
5378	7-10 yrs.	Wed	3-3:45 p.m.	\$50



BALLROOM DANCE

Virginia Morrow

This session the Fox Trot and Tango will be taught. Dancers should wear leather or plastic soled shoes. Begins September 26 for 8 weeks (No class October 31).

5379	Beginning	16+ yrs.	Wed	7-8 p.m.	\$40
5380	Int/Adv	16+ yrs.	Wed	8:15-9:15 p.m.	\$40



HAWAIIAN DANCE-HULA

Mikilani Young-Tamashiro

Direct from Honolulu, Hawaii, Mikilani welcomes the opportunity to share Hawaii's beautiful and exotic dance form and culture. Begins September 17 for 8 weeks.

5450	Beginning	3-5 yrs.	Mon	5:30-6:00 p.m.	\$43
5451	Beginning	6-12 yrs.	Mon	6:00-6:45 p.m.	\$53
5452	Beginning	13+ yrs.	Mon	6:45-7:45 p.m.	\$63



HIP-HOP AND JAZZ

KidStar Performing Arts SGV

This is a fun and funky type class designed for students to develop style as they enjoy dancing. Basic dance moves of today, warm up exercises and rhythmic awareness will be taught. Jazz shoes or street shoes may be worn (no black soled shoes). All parents and siblings must wait outside during class except for the 2 and 3 year olds. Begins September 19 for 8 weeks (No class October 31).

5395	5-7 yrs.	Wed	4-4:45 p.m.	\$50
5396	8-11 yrs.	Wed	5-5:45 p.m.	\$50



LINE/FOLK DANCE

Bill Chang

This class will provide instruction in worldwide line and folk dances. Partners not required. Please wear comfortable shoes. Begins September 21 for 10 weeks (No class October 26 and November 23).

5397	Beginning	18+ yrs.	Fri	6:30-8 p.m.	\$53
5398	Intermediate	18+ yrs.	Fri	8-9:30 p.m.	\$53

EDUCATIONAL CLASSES

ADVANCED ENGLISH CONVERSATION

Gail Yukawa

For non-native speakers of English, who have good reading and speaking skills in English and want to speak more clearly, concisely, and correctly. Emphasis will be on conversation with pronunciation and grammar correction, building vocabulary by discussing current events and special interest topics, improving business English, and tackling problems areas by student request. Begins September 17 or 20 for 10 weeks (No class November 12 and 22).

5373	18+ yrs.	Mon	7:30-9 p.m.	\$87
5374	18+ yrs.	Thu	7:30-9 p.m.	\$87



COMPUTER

AGI Academy

Children may learn to use Microsoft Word for report writing and homework, develop their basic typing skills or discover ways to create art and exciting graphics. Teens and adults can learn basic computer usage with an introduction to Windows or learn the practical knowledge and hands-on experience for computer troubleshooting and maintenance. Begins September 17 for 10 weeks (No class November 12).

5388	Intro to Typing/ Microsoft Word	8-15 yrs.	Mon	5:30-6:15 p.m.	\$103
5390	Intro to Computers/ Powerpoint	16+ yrs.	Mon	6:15-7 p.m.	\$103

LITTLE STARS

Little STARS is a parent and child program where your little one can learn to play with others, enjoy making their very own arts and crafts, sing and dance and spend quality time with their favorite grown up. Begins September 18 or 20 for 10 weeks (No class November 22).

5459	1-2 yrs.	Tue	9:30-10:30 a.m.	\$60
5460	1-2 yrs.	Thu	9:30-10:30 a.m.	\$60
5461	1-2 yrs.	T/Th	9:30-10:30 a.m.	\$100
5462	2-3 yrs.	Tue	10:45-11:45 a.m.	\$60
5463	2-3 yrs.	Thu	10:45-11:45 a.m.	\$60
5464	2-3 yrs.	T/Th	10:45-11:45 a.m.	\$100



MR. NATURE'S SCIENCE WORKSHOP

Larry Shaffer

Learn the magic of science and nature while conducting experiments using nothing more than basic kitchen supplies. Bring your own supplies as requested by the instructor. Begins September 19 for 6 weeks.

5476	4-12 yrs.	Wed	4:30-5:30 p.m.	\$55
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POWER MATH

Madeline Wu

Students may learn a variety of games and activities to help empower their math success. Lots of games to play and songs to sing for grades K-1. Grades 2-3 will sharpen their multiplication and division skills by playing games like "Deal or No Deal". Grades 4 - 5 will become problem solvers and financial planners through graphing and business games. Begins September 19 for 8 weeks (No class October 31).

5403	Grades K-1	Wed	3:45-4:15 p.m.	\$83
5404	Grades 2-3	Wed	4:15-5 p.m.	\$93
5405	Grades 4-5	Wed	5-5:45 p.m.	\$93

TINY TOTS

Sarah Nichols

Tiny Tots is a co-op program with an emphasis on early learning skills in a structured environment. This class provides your child with an opportunity to develop social and classroom skills while making new friends and being involved in play, crafts, music and storytelling. Parents must stay to help in the class at least 2-3 days during the session. Children must be potty trained. Students may not enroll in both classes. Registration must be made in person at Live Oak Park beginning September 6. All students must present a birth certificate and immunization records when registering. Begins September 17 or 18 for 12 weeks. (No class November 12, 22, and 23).

5471	3-5 yrs.	M/W/F	9:30 a.m.-12:30 p.m.	\$300
5472	3-5 yrs.	T/Th	9:30 a.m.-12:30 p.m.	\$228

FITNESS CLASSES



50+ AEROBICS AND STRENGTH TRAINING **Amy Rangsiapat**

This is a simple program that focuses on heart-healthy aerobics, everyday strength, balance, and flexibility. Please bring 2 free weights (2-3 lbs.). The strengthening routines are mostly done seated in a chair with an emphasize on range of motion, balance, and core stability. Begins September 17 or 19 for 10 weeks (No class November 12).

5370	50+ yrs.	Mon	8:15-9:45 a.m.	\$30
5371	50+ yrs.	Wed	8:15-9:45 a.m.	\$30
5372 Combined	50+ yrs.	M/W	8:15-9:45 a.m.	\$57



CARDIO-KICKBOXING/ MUSCLE CONDITIONING **Amy Rangsiapat**

An aerobic self-defense class set to music. Punches, kicks, push-ups and sit-ups will all play a part in burning between 400-900 calories per class. Bring workout mat and 2 free weights (1-3 lbs). Begins September 18 for 10 weeks.

5381	16+ yrs.	Tue	7-8:30 p.m.	\$48
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PILATES SCULPT AND BODY BAND WORKOUT

Amy Rangsiapat

Get ready for this powerful new workout that can reshape and rebuild your body. This class combines Pilates moves with classic abdominal toning. Please bring a workout mat. Begins September 22 for 9 weeks (No class October 6 and November 24).

5382	16+ yrs.	Sat	8:45-10:15 a.m.	\$48
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YOGA AND PILATES DYNAMIC POWER WORKOUT

Amy Rangsiapat

Dynamic power brings the best of yoga and Pilates into one vibrant workout that helps sculpt muscle, enhances flexibility, and improves posture. Please bring a yoga mat. Begins September 21 for 9 weeks (No class November 2 and 23).

5383 Beg/Int	18+ yrs.	Fri	8:30-10:15 a.m.	\$48
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HATHA YOGA

Michael Appleby

Yoga is an ancient art that helps bring harmony to busy modern life styles. A cultivated practice leads to an inner stillness that is a refreshing refuge in a hectic world. The body aligns and centers so energy is managed optimally. Begins September 17 or 20 for 10 weeks (No class October 22 and 25, and November 12 and 22).

5473	18+ yrs.	Mon	7-8:45 p.m.	\$58
5474	18+ yrs.	Thu	7-8:45 p.m.	\$58
5475 Combined	18+ yrs.	M/Th	7-8:45 p.m.	\$88

MUSIC AND PRODUCTION CLASSES

GUITAR

Leora Keller

Learn basic chords and accompaniment to simple songs. More advanced chords, strumming, picking patterns, and arpeggios will be taught in the advanced beginning classes. Students must supply their own acoustic guitar. Begins September 19 or 20 for 6 weeks.

5391 Beginning	9+ yrs.	Wed	7-8 p.m.	\$35
5392 Adv. Beginning	9+ yrs.	Wed	8-9 p.m.	\$35
5393 Beginning	9+ yrs.	Thu	7-8 p.m.	\$35
5394 Intermediate	9+ yrs.	Thu	8-9 p.m.	\$35



PIANO, PIANO!

Madeline Wu

This class is for children who have no piano experience. Learn how to read notes and fundamental music theory. Bring a 3-ring binder with 20 sheet protectors to the first class. Begins September 17 for 8 weeks.

5401 Primary	5-12 yrs.	Mon	4-4:30 p.m.	\$69
5402 Intermediate	6+ yrs.	Mon	5-5:30 p.m.	\$69

SINGING STAR

Madeline Wu

Students may learn how to sing in style and express themselves. Students can also build up their confidence as microphone skills are introduced. Bring a 3-ring binder with 20 sheet protectors to the first class. Begins September 17 for 8 weeks.

5406	5+ yrs.	Mon	4:30-5 p.m.	\$69
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VIOLIN

Vic Che

This class is for beginners or those with some experience. Students may learn how to read music notes, violin sound tuning, and fundamental music theory. Students will be given list on where to buy low cost violin and music books at first class. Begins September 22 for 10 weeks (No class October 6 and November 24).

5408 Beg/Int	5+ yrs.	Sat	10-11 a.m.	\$53
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SELF DEFENSE AND MARTIAL ARTS CLASSES



CHINESE MARTIAL ARTS

Master Jack Yu

Shaolin Kung Fu class is a unique system of Shaolin style of martial arts that increases self-discipline and self-confidence through all ranges of fighting techniques. ADVANCE BY TEST. Begins September 22 for 6 weeks (No class October 6).

5384 Kung Fu Kids	4-6 yrs.	Sat	1:30-2:15 p.m.	\$63
5385 Shaolin Chuan	7-18 yrs.	Sat	2:15-3 p.m.	\$68

JAPANESE SWORD - IAIDO

Robert Wong

Traditional Japanese swordsmanship taught by Master Ju-Jitsu Instructor and Iaido Black Belt, Robert Wong. Iaido is the art of drawing and cutting with the samurai sword. Enrollment in Friday Ju-Jitsu class is recommended. Begins September 21 for 10 weeks (No class October 26 and November 23).

5449 15+ yrs. Fri 8-9 p.m. \$39



JU-JITSU AND KARATE

Robert, Jennifer, and Steven Wong

Uses the fundamental arts of Judo, Aikido, Kendo, and Karate with an emphasis on self-defense. Designed to enhance self-esteem and physical fitness, and instill self-discipline, coordination, and confidence. Begins September 18 or 20 for 10 weeks.

5445 Teen/Adult 13+ yrs. Tue/Thu 8-9 p.m. \$48
 5446 Youth 8-12 yrs. Tue/Thu 7-8 p.m. \$48
 5447 Forms (Yellow belts & up) 5+ yrs. Tue 6:15-6:55 p.m. \$28

JU-JITSU AND JAPANESE SWORD

Robert Wong

Uses the fundamental arts of Judo, Kendo, Karate, and weapons for self-defense. Designed to enhance self-esteem and physical fitness, and instill self-discipline, coordination, and confidence. The second hour of this class will include Japanese Sword - Iaido. Begins September 21 for 10 weeks (No class October 26 and November 23).

5448 15+ yrs. Fri 7-9 p.m. \$48

LITTLE KICKERS JU-JITSU

Steven Wong

Designed for younger children to reap all of the benefits of Ju-Jitsu while learning valuable age-appropriate lessons designed to enhance self-esteem and instill self-discipline, control, balance and confidence. All this and having fun too! Begins September 18, 20, or 21 for 10 weeks (No class October 26 and November 23).

5454 New 5-7 yrs. Fri 5-5:45 p.m. \$28
 5455 Yellow belts & up 5-7 yrs. Fri 5:45-6:30 p.m. \$28
 5456 New + all ranks 5-7 yrs. Thu 6:15-7 p.m. \$28
 5457 Forms (yellow belts & up) 5-7 yrs. Tue 6:15-6:55 p.m. \$28
 5458 Mini Kickers 4-5 yrs. Fri 4:30-5 p.m. \$28



NIPPON KEMPO KARATE

Do Mar

Kempo is a self-defense/fighting system based on punching, kicking, blocks, joint locks, wrestling, and ground techniques. Junior Class teaches respect, discipline, self-confidence, coordination and basic martial arts at a slower pace. ADVANCE BY TEST. Begins September 17 for 10 weeks (No class October 31 and November 12).

5399 7+ yrs. M/W 6:30-8 p.m. \$45
 5400 Junior 5-8 yrs. Mon 5:45-6:25 p.m. \$23

SELF DEFENSE AND SAFETY AWARENESS

Young Champions

This program combines safety awareness education with self-defense instruction in a fun, structured environment. Emphasis is placed on learning physical and verbal skills for self-defense against 'bullies' and 'strangers'. Students may also pay weekly at \$7 per class, plus a \$9 registration fee. ADVANCE BY TEST. Begins September 21 for 11 weeks (No class October 26 and November 23).

5411 New students 5-15 yrs. Fri 5:30-6:10 p.m. \$75
 5412 Yellow Belts 5-15 yrs. Fri 6:15-6:55 p.m. \$75
 5413 Orange belts & above 5-15 yrs. Fri 7-7:40 p.m. \$75

TAI CHI CHUAN/QI KUNG

Mo Chi Sasian Yau

The benefits of Tai Chi Chuan and Qi Kung may include weight loss, increased energy levels, enhanced flexibility and mobility, and release of stress. Begins September 20 or 22 for 10 weeks (No class October 6, November 22 and 24).

5409 16+ yrs. Thu 7-8:30 p.m. \$63
 5410 16+ yrs. Sat 10:30 a.m.-12 p.m. \$63

SPECIAL INTEREST CLASSES

COOKING: INCREDIBLE HOLIDAYS

Jennifer Wong and Patty Batista-Marshall

Knock your stockings off (and everybody else's) with incredible holiday cooking. From fast and fabulous recipes for last minute parties to preparing a holiday feast. All questions and scenarios are answered to make you look like a pro for the holidays. Bring your appetite too! All material and food costs are included in the class fee. Begins September 19 for 8 weeks (No class October 31).

5442 15+ yrs. Wed 7-8:30 p.m. \$71

KIDS IN THE KITCHEN

Jennifer Wong and Patty Batista-Marshall

This play and learn cooking class will introduce children to basic cooking skills. The instructors will use simple and fun recipes that are age appropriate and emphasize nutrition and good eating habits. Most recipes will be healthy; some will be just plain fun! We have new recipes and ideas every time. All materials and food are included in the class fee. Begins September 19 for 8 weeks (No class October 31).

5440 4-7 yrs. Wed 3:30-4:30 p.m. \$71
 5441 8-12 yrs. Wed 4:30-5:30 p.m. \$71

SPORTS CLASSES

GYMNASTICS AND TRAMPOLINE

Jennifer Wong and Staff

This Gymnastics class emphasizes a positive environment with the incentive of our Stars Skill Program. Learn the basic movements of gymnastics on apparatus such as balance beam, bars, vault and trampoline. Some classes occasionally offer tumbling with beam or bars. Students practice on 4-5 apparatus per week including trampoline. Place your child based on age and gender. New students will be evaluated for group placement depending on ability. Continuing students will continue where they left off without missing a beat. Begins September 18, 20, or 22 for 8 weeks (No class October 6).

5425 Girls Gym 4-7 yrs. Sat 10:30-11:30 a.m. \$58
 5426 Girls Gym 7-12 yrs. Sat 11:30 a.m.-12:30 p.m. \$58
 5427 Boys Gym 4-12 yrs. Sat 10:30-11:30 a.m. \$58
 5428 Teen/Adult 13+ yrs. Sat 11:30 a.m.-12:30 p.m. \$58
 5429 Girls Gym 4-7 yrs. Tue 3:45-4:45 p.m. \$58
 5430 Girls Gym 7-15 yrs. Tue 4:45-5:45 p.m. \$58
 5431 Boys Gym 4+ yrs. Tue 3:45-4:45 p.m. \$58
 5432 Girls Gym 4-7 yrs. Thu 3:45-4:45 p.m. \$58
 5433 Girls Gym 7-15 yrs. Thu 4:45-5:45 p.m. \$58
 5434 Boys Gym 4+ yrs. Thu 3:45-4:45 p.m. \$58
 5435 Girls Gym Combined 4-7 yrs. T/Th 3:45-4:45 p.m. \$98
 5436 Girls Gym Combined 7-15 yrs. T/Th 4:45-5:45 p.m. \$98
 5437 Boys Gym Combined 4+ yrs. T/Th 3:45-4:45 p.m. \$98

KINDERGYM

Jennifer Wong and Staff

Children are introduced to basic tumbling moves in a positive environment. Colors, numbers, and imaginative play will bring their world to life as they learn to move their bodies. Learn 5 events: tumbling, beam, vault, bars, and trampoline. One parent per child must attend each class. Begins September 22 for 8 weeks (No class October 6).

5438 Toddlers 9 months-2 yrs. Sat 9-9:45 a.m. \$48
 5439 Tots 2-3 yrs. Sat 9:45-10:30 a.m. \$48

TENNIS

Tim Pawley

Class emphasizes basic grips, groundstrokes and serves. Participants also learn basic hand/eye coordination, footwork, technique, conditioning as well as strategy. Bring a tennis racket and one can of unopened tennis balls to first class. Begins September 17 or 21 for 8 weeks.

5465 Beg/Int 5-12 yrs. Mon 6-7 p.m. \$98
 5466 Int/Advanced 10-17 yrs. Mon 7-8 p.m. \$98
 5467 Beg/Int 5-12 yrs. Fri 6-7 p.m. \$98
 5468 Int/Advanced 10-17 yrs. Fri 7-8 p.m. \$98

